



# Evidence of Oxidative Shielding of Offspring in a Wild Mammal

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Oxidative damage has been proposed as a potential mechanism underlying a life history tradeoff between survival and reproduction. However, evidence that reproduction is associated with increased oxidative damage is equivocal, and some studies have found that breeding females exhibit reduced, rather than elevated, levels of oxidative damage compared to equivalent non-breeders. Recently it was hypothesized that oxidative damage could have negative impacts on developing offspring, and that mothers might down-regulate oxidative damage during reproduction to shield their offspring from such damage. We tested this hypothesis through a longitudinal study of adult survival, reproduction, and oxidative damage in wild banded mongooses (*Mungos mungo*) in Uganda. High levels of oxidative damage as measured by malondialdehyde (MDA) were associated with reduced survival in both sexes. Levels of protein carbonyls were not linked to survival. Mothers showed reduced levels of MDA during pregnancy, and individuals with higher MDA levels gestated fewer offspring and had lower pup survival. These results suggest that maternal oxidative damage has transgenerational costs, and are consistent with the idea that mothers may attempt to shield their offspring from particularly harmful types of oxidative damage during pregnancy. We suggest that further advance in understanding of life history variation could benefit from theoretical and empirical exploration of the potential transgenerational costs of reproduction.

**Keywords:** life history, oxidative stress, maternal effects, aging, early-life effects, litter size, tradeoffs, cooperative breeding

## INTRODUCTION

A tenet of life history theory is the idea that investment in reproduction is costly to survival (Kirkwood and Rose, 1991; Hammers et al., 2013; Moore et al., 2013). Reproductive effort is inversely related to lifespan across taxa (Kirkwood and Rose, 1991), and within species (Hammers et al., 2013), but the mechanisms proposed to underlie this trade-off are controversial. One leading hypothesis (the oxidative stress theory of aging; OSTA) suggests that energy expensive activities, such as reproduction, can result in oxidative damage to cells and tissues, thereby reducing somatic function and survival (Harman, 1956; Beckman and Ames, 1998; Selman et al., 2012). Evidence

that reproduction increases oxidative damage is equivocal, however (Speakman and Selman, 2011; Selman et al., 2012; Metcalfe and Monaghan, 2013; Speakman and Garratt, 2013). A recent meta-analysis of studies of female birds and mammals showed that there is a positive association between reproductive effort (i.e., offspring number) and oxidative damage, while paradoxically, levels of oxidative damage in certain tissues are lower in breeders compared to non-breeders of similar age and condition—the opposite pattern to that expected under OSTA (Blount et al., 2015).

We recently hypothesized that previous findings concerning the relationship between reproduction and oxidative damage may be reconciled if maternal oxidative damage levels have transgenerational impacts on offspring fitness. Specifically, where developing offspring are sensitive to maternal oxidative damage (for example, via impaired placental function or reduced milk yield; Gupta et al., 2007; Al-Gubory et al., 2010) breeding females may gain from pre-emptive reduction of oxidative damage to shield their offspring from oxidative insults (Blount et al., 2015). The predicted relationship between reproductive effort and oxidative damage will then depend on the balance between maternal and transgenerational impacts of oxidative damage, and the degree to which mothers are selected to shield their offspring from harm. In the Supplementary Material we use a simple optimization model of oxidative defense given transgenerational costs to make explicit this verbal argument. The model shows that mothers may be selected to reduce oxidative damage during pregnancy at the cost of damage levels during non-breeding periods; and that mothers with higher levels of damage during reproductive periods should produce smaller litters and fewer surviving young (Supplementary Figure S1).

We used data from a long-term study of wild banded mongooses in Uganda to test (1) whether markers of oxidative damage and oxidative defense predicted variation in adult survival; (2) whether markers of oxidative damage and defense were consistent with known sex differences in survival; (3) whether oxidative damage varied longitudinally with reproductive status in females and males; and (4) whether there were detectable costs of oxidative damage to developing offspring. Banded mongooses are small (*ca.* 1.5 kg) highly social mammals that live in extended family groups of 10–30 individuals. Groups produce on average 4 litters per year, with multiple males and females reproducing in each breeding event (see Materials and Methods). Unusually for a mammal, males live longer than females in this species (Cant et al., 2016). We measured blood levels of oxidative damage to lipids and proteins, and markers of enzymatic and non-enzymatic antioxidant defenses longitudinally for 251 individuals over 5 years. Specifically, we measured plasma levels of malondialdehyde (MDA) as a marker of lipid peroxidation, and plasma protein carbonyls as a marker of oxidative damage to proteins. We also measured whole blood levels of superoxide dismutase (SOD)—which catalyzes the dismutation of superoxide into oxygen and hydrogen peroxide and is an important component of intracellular antioxidant defenses, and plasma levels of vitamin E ( $\alpha$ -tocopherol)—a dietary non-enzymatic antioxidant capable of breaking the chain of lipid peroxidation (Halliwell and Gutteridge, 2007).

Our results indicate that oxidative damage can explain patterns of adult and offspring survival in the wild, and provide support for the recent suggestion (Blount et al., 2015) that mothers may gain from shielding their offspring from harm caused by oxidative damage during sensitive developmental windows. We suggest that future advance in life history theory would benefit from an approach that takes into account potential transgenerational impacts of the mechanisms underlying life history trade-offs.

## MATERIALS AND METHODS

### Study Population

Data were collected from a wild population of the banded mongoose (*Mungos mungo*) living on and around the Mweya peninsula, Queen Elizabeth National Park, Uganda. The population has been studied since 1995, and detailed data on life-history, births and deaths have been recorded as part of long-term data collection (Cant et al., 2013, and references therein). Unusually for a mammal, females have a shorter average lifespan than males (38 vs. 42 months; Cant et al., 2016) with the maximum observed lifespan in this population being 11 years for a female, and 12 years for a male. Females also start reproducing earlier than males, at around 1 year of age (Cant et al., 2013), whereas males have to “queue” in order to reproduce (Nichols et al., 2010). Annual mortality rate is around 15% for adults, and females give birth to 8 litters on average during their entire lifetime (Cant et al., 2016; Vitikainen, unpublished data). Banded mongooses are cooperative breeders with a mixed mating system and collaborative rearing of communal litters. Oestrus is synchronized within groups, and occurs 3–4 times per year with a majority of females reproducing in each event. During oestrus males mateguard females, with oldest males fathering most of the offspring (Nichols et al., 2010). Females give birth synchronously to a communal litter which is then cooperatively cared for by all group members (Hodge et al., 2011; Cant et al., 2013), and accurate data on parentage requires assignment by genotyping.

We used two measures to estimate breeding success in relation to oxidative stress markers. First, a portable ultrasound scanner was used to measure fetal litter size during pregnancy. Second, a panel of 43 microsatellite loci was used to assign pups to mothers and to calculate the probability that a pregnant mother had surviving offspring at the time when the communal litter emerged from the den (for details of the genetic analyses see Sanderson et al., 2015). We measured rainfall as a proxy for resource abundance as it is strongly correlated with the availability of arthropod prey, and is a predictor of female reproductive success (Nichols et al., 2012b). Weather data were recorded daily by the Mweya weather station. Monthly rainfall varied between 0 and 140 mm (mean 47.3, SD 32.6) and we used total rainfall 30 days before sampling as a proxy for resource availability (Nichols et al., 2012a).

### Trapping and Collection of Blood Samples

During years 2009–2013, 251 adult (>1 year old) mongooses were trapped using baited Tomahawk live traps (Tomahawk Live Trap Co., Tomahawk, Wisconsin, USA), and immobilized

using isoflurane (IsoFlo®, Abbott Laboratories). All animals were weighed and females examined for signs of lactation and pregnancy (Cant et al., 2013). Suspected pregnancies were confirmed and fetuses counted using a portable veterinary ultrasound machine (SIUI CTS-900V, Fisher Biomedical).

Altogether 489 blood samples (volume 100–500  $\mu$ l) were collected from anesthetised mongooses from the jugular vein, within 5 min following anesthesia, using a 25G needle and syringe and immediately transferred into a 3 ml EDTA BD Vacutainer®. A whole blood sample aliquot was immediately frozen for analysis of SOD, and plasma for the remaining assays was extracted by centrifugation of whole blood at  $2000 \times g$  for 4 min (Spectrafuge mini centrifuge, Sigma Aldrich, UK) at room temperature. All samples were snap-frozen within 10 min of collection, stored at  $-80^{\circ}\text{C}$ , and analyzed within 6 months of collection. Samples were transported from Uganda to our UK laboratory using a cryogenic shipper (Taylor-Wharton CX100, Jencons, UK).

## Ethics

All research procedures received prior approval from Uganda Wildlife Authority (UWA) and Uganda National Council for Science and Technology (UNCST), and adhered to the Guidelines for the Treatment of Animals in Behavioral Research and Teaching, published by the Association for the Study of Animal Behavior. All research was approved by the Ethical Review Committee of the University of Exeter.

## Analyses of Oxidative Damage and Antioxidant Defenses

### Determination of Malondialdehyde (MDA)

Plasma malondialdehyde was determined using high performance liquid chromatography (HPLC) with a fluorescence detector (RF2000; Dionex). All chemicals were HPLC grade, and chemical solutions were prepared using ultra-pure water (Milli-Q Synthesis; Millipore, Watford, UK). We followed the method in Nussey et al. (2009) with some modifications; see Supplementary Material for details.

### Determination of Protein Carbonyls

Plasma protein carbonyls were measured using a colorimetric assay (Protein Carbonyl Assay Kit, Cayman Chemical Co., Ann Arbor, MI, USA), using a Spectramax M2 plate reader (Molecular Devices Corp., Sunnyvale, CA, USA). Due to limitations in the amount of plasma available as well as the high protein content of samples, 50  $\mu$ l of plasma was used in the sample and control tubes instead of the 200  $\mu$ l recommended in the kit instructions. Carbonyl content in samples was expressed in nmol/mg protein in the controls; repeatability of the plate assay was 87.9%.

### Determination of Vitamin E ( $\alpha$ -Tocopherol)

A 10  $\mu$ l aliquot of plasma was mixed with 10  $\mu$ l of 5% NaCl and 20  $\mu$ l EtOH, then vortexed for 20 s. Hexane (600  $\mu$ l) was added and the mixture was vortexed for a further 20 s, then centrifuged

for 4 min ( $13,000 \times g$ ). An aliquot (500  $\mu$ l) of the hexane phase was drawn off and evaporated to dryness under a vacuum and the residue re-dissolved in 150  $\mu$ l MeOH. Samples (20  $\mu$ l) were injected into a Dionex HPLC (Dionex Corporation, California, USA). Separation utilized a 3  $\mu$  C<sub>18</sub> reverse-phase column (15  $\times$  4.6 mm) (Spherisorb S30DS2; Phase separations, Clwyd, UK), with a mobile phase of MeOH:water (97:3 v/v) at a flow rate of 1.1 mL min<sup>-1</sup>. Fluorescence detection (Dionex RF2000) was performed at 295 nm (excitation) and 330 nm (emission). The  $\alpha$ -tocopherol peak was identified and quantified by comparison with a standard solution of  $\alpha$ -tocopherol (T3251 Sigma-Aldrich) in MeOH. Concentrations of  $\alpha$ -tocopherol are reported as  $\mu$ g mL<sup>-1</sup> plasma.

### Determination of Superoxide Dismutase (Sod) Activity

Superoxide dismutase was measured in whole blood samples, using the Cayman chemicals superoxide dismutase assay kit. Samples were prepared according to the kit instructions, with blood samples being diluted 1:200 with sample buffer before assaying. Total SOD was quantified relative to a bovine erythrocyte SOD standard supplied with the kit, using a molecular devices plate reader (Spectramax M2; Molecular Devices, USA). Repeatability of the assay was 70.2%. One unit is defined as the amount of enzyme needed to exhibit 50% dismutation of the superoxide radical; results are expressed as enzyme activities in units/ml.

## Statistical Analyses

We examined the relationship between life-history variation and markers of oxidative stress by testing whether marker levels showed patterns with (1) adult survival or (2) age, sex or reproductive state of individuals. As malondialdehyde (MDA) showed patterns with both reproduction and survival (see Results) we further tested for the potential for transgenerational effects predicted by our model (Supplementary Material) by (3) examining the relationship between plasma levels of MDA in pregnant mothers and number and survival of her offspring.

Limited sample volume precluded analyzing all markers in all samples, and sample size as well as the last sampling point varied between the markers. We therefore analyzed marker data separately in order to maximize sample size and power of within-individual analysis for each marker, and corrected *p*-values for multiple testing for each of the separate analyses using false discovery rate (FDR, Benjamini and Hochberg, 1995); sample sizes and total number of individuals included in each analysis are listed in supplementary data tables 3 and 4 in the Supplementary Material. Additionally, we used a PCA with varimax rotation to examine patterns of covariation between markers of oxidative damage and antioxidant defenses (Hörak and Cohen, 2010) in the 74 samples where data for all four markers were available (Supplementary Table S1).

## Survival Analyses

We tested for effects of oxidative stress on survival with number of months survived after the last sampling event as the response, and blood levels of each marker as the (continuous) predictors of survival, and age and sex at sampling

as covariates, using Cox regression as implemented in IBM SPSS Statistics for Macintosh, Version 19.0 (Supplementary Table S2).

### Effects of Age, Sex, and Breeding Status on Markers of Oxidative Damage and Antioxidant Defences

We investigated whether marker levels changed with age, sex, and group reproductive status (females pregnant or non-pregnant). We then examined effects of age, reproductive state (lactation and pregnancy), body mass and rainfall (a proxy for resource availability; Nichols et al., 2012a,b), on marker levels separately for females. All included variables and their interactions are given in Supplementary Tables S3, S4.

As Vitamin E, SOD and MDA showed an apparent change with group reproductive status, we analyzed a subset of individuals to investigate whether the apparent changes in marker levels with group reproductive state also held within individuals.

Specifically we analyzed those individuals that had been sampled during group pregnancy as well as longitudinally within 3 months of group pregnancy, either before, after, or both). For this analysis we used a repeated-measures ANOVA as implemented in IBM SPSS Statistics for Macintosh, Version 19.0.

### Oxidative Damage, litter size, and Survival

To investigate the potential of MDA in mediating transgenerational effects we investigated the relationship between oxidative damage and fetal litter size by using a linear mixed model (LMM) with fetus number, female age and lipid MDA during pregnancy as predictors, and female and group identity as random factors. We then used a generalized linear mixed model (GLMM) with binomial error structure to investigate whether oxidative damage predicted the probability that a pregnant female had any surviving offspring at the time of litter emergence from the den. This model had female age, fetus number and MDA during pregnancy as predictors, and group and individual as random terms. To account for repeated measures, we fitted (LMM) and (GLMM) using restricted maximum likelihood (REML) and included individual and group identity as random effects in all analyses (Bates et al., 2015). The initial models included all factors and their second order interactions. We removed non-significant interactions from the final models to enable assessing significance of the main terms not involved in interactions (Engqvist, 2005), but the models were not simplified further and we report the  $\chi^2$  and  $p$  values of the full model in Supplementary Tables S3, S4. The standard output from a linear mixed model does not differentiate between-subjects and within-subjects effects, such as individual reaction norms vs. individual quality or population level change due to selective disappearance (*sensu* Nussey et al., 2008). We therefore used within-subject centering, as described in van de Pol and Wright (2009), to examine the relative contribution of within- vs. between-individual variance to explain population level changes in MDA,  $\alpha$ -tocopherol and protein carbonyls. These analyses only included individuals with multiple blood samples. We performed these analyses in R 3.0.2

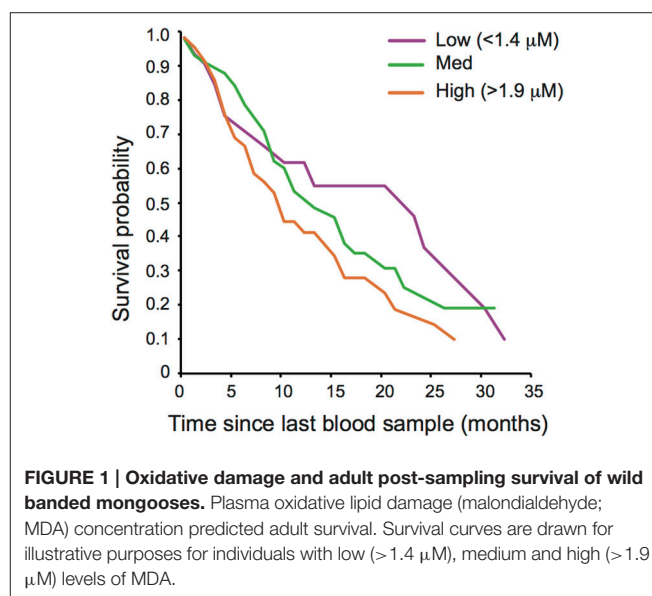
(R Core Team, 2015), fitting GLMMs using the lme4 package (Bates et al., 2015).

## RESULTS

### Oxidative Damage and Adult Survival

Oxidative lipid damage (MDA) predicted survival in both sexes (remaining lifespan at last blood sampling: Cox regression, Hazard ratio = 2.049, 95 CI = 1.453–2.890,  $N = 166$ , adjusted  $p = 0.00016$ , **Figure 1**) whereas protein carbonyls (PC) were not associated with survival (see Supplementary Table S2). Opposite to the pattern expected under the OSTA, plasma levels of MDA declined with age [LMM, individual and group as random effects:  $\chi^2_{(1)} = 8.03$ ,  $p = 0.0046$ ;  $N = 331$ ; **Figure 2A**, Supplementary Table S3A]. This was almost entirely driven by a within-individual decline in MDA (within-subject centering, excluding individuals only sampled once: estimate of within-individual change:  $-0.018 \pm 0.004$ ; between-individual estimate:  $-0.001 \pm 0.002$ ; difference between the two:  $t = 4.3$ ,  $p < 0.001$ ,  $N = 238$  samples of 88 individuals). A similar pattern of decline with age was observed in protein carbonyls [GLMM, individual and group as random effects:  $\chi^2_{(1)} = 3.82$ ,  $p = 0.051$ ;  $N = 331$ ; Supplementary Figure S2, Supplementary Table S3A]; however, this was not significant after correcting for false discovery rate (Benjamini and Hochberg, 1995). Variation in PC also seemed to be driven by within-individual change (within-individual estimate:  $-0.003 \pm 0.001$ , between-individual:  $-0.001 \pm 0.0006$ ) but the difference between the slopes was not significant ( $t = 0.96$ ,  $p = 0.33$ ,  $N = 216$  samples of 80 individuals).

Neither of the measured antioxidants was associated with survival (Supplementary Table S2). Blood levels of SOD activity also showed no pattern with age (Supplementary Table S3B), whereas  $\alpha$ -tocopherol decreased with age in both sexes [ $\chi^2_{(1)} = 13.1$ ,  $p = 0.0003$ ;  $N = 289$ ; **Figure 2B**, Supplementary Table S3B]. As with the pattern for MDA, the decline in  $\alpha$ -tocopherol was





driven by a within-individual decline with age (within-subject centering: estimate of within-individual change:  $-0.454 \pm 0.081$ ; between-individual estimate:  $-0.07 \pm 0.033$ , difference between estimates:  $t = 4.399$ ,  $p < 0.001$ ).

## Sex Differences in Oxidative Damage

Females had higher levels of oxidative lipid damage (MDA) than males at all ages [GLMM, age:  $\chi^2_{(1)} = 6.29$ ,  $p = 0.012$ ;  $N = 331$ ; **Figure 2A**, Supplementary Table S3B]. This is consistent with the predictions of the OSTA, given our finding that MDA predicted lifespan and that female banded mongooses have shorter lifespans than males (Cant et al., 2016). Blood protein carbonyls, SOD and  $\alpha$ -tocopherol showed no overall sex differences (Supplementary Table S3B).

## Oxidative Damage and Reproductive Status

Females had lower levels of plasma lipid damage (MDA) during pregnancy [non-pregnant:  $1.92 \pm 0.0796 \mu\text{M}$ , pregnant  $1.69 \pm$

$0.076 \mu\text{M}$ , mean  $\pm$  SE; GLMM: breeding status:  $\chi^2_{(1)} = 6.64$ ,  $p = 0.009$ ;  $N = 140$ ] and longitudinal analysis spanning pre-, during and post-breeding periods confirmed this was due to a within-individual decline in MDA during pregnancy [repeated-measures ANOVA:  $F_{(2, 97)} = 6.73$ ,  $p = 0.002$ ; *post-hoc* tests before vs. pregnant:  $p = 0.006$ ; pregnant vs. after:  $p = 0.007$ ; **Figure 3A**, Supplementary Table S3].

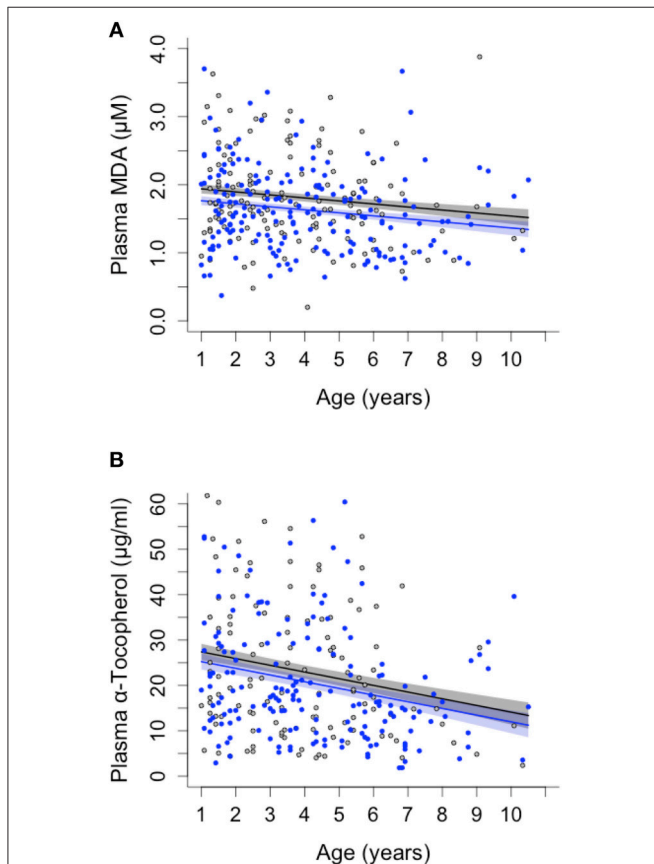
In males, there was no change in MDA levels across the phases of the reproductive cycle (**Figure 3A**). However, plasma levels of  $\alpha$ -tocopherol (vitamin E) were higher in males during group pregnancy across individuals [breeding:  $24.8 \pm 1.61 \mu\text{g/ml}$ , non-breeding:  $17.22 \pm 1.59 \mu\text{g/ml}$ , mean  $\pm$  SE; GLMM: sex\*group breeding status:  $\chi^2_{(1)} = 9.37$ ,  $p = 0.002$ ;  $N = 289$ , Supplementary Table S3B] and longitudinal analysis showed this was due to an increase during breeding [repeated measures ANOVA:  $F_{(2, 166)} = 7.95$ ,  $p = 0.001$ ; *post-hoc* tests: before vs. during breeding,  $p = 0.003$ ; breeding vs. after,  $p = 0.003$ ; **Figure 3B**]. Across the population, breeding was associated with elevated levels of SOD in both sexes [GLMM: group breeding status  $\chi^2_{(1)} = 4.82$ ,  $p = 0.028$ , Supplementary Table S3B]. However, this result was not significant after correcting for multiple testing (FDR, Benjamini and Hochberg, 1995) and within individuals there were no significant changes associated with breeding in either sex (Supplementary Figure S2; pairwise *t*-tests all  $p > 0.15$ ).

## Oxidative Damage and Offspring Survival

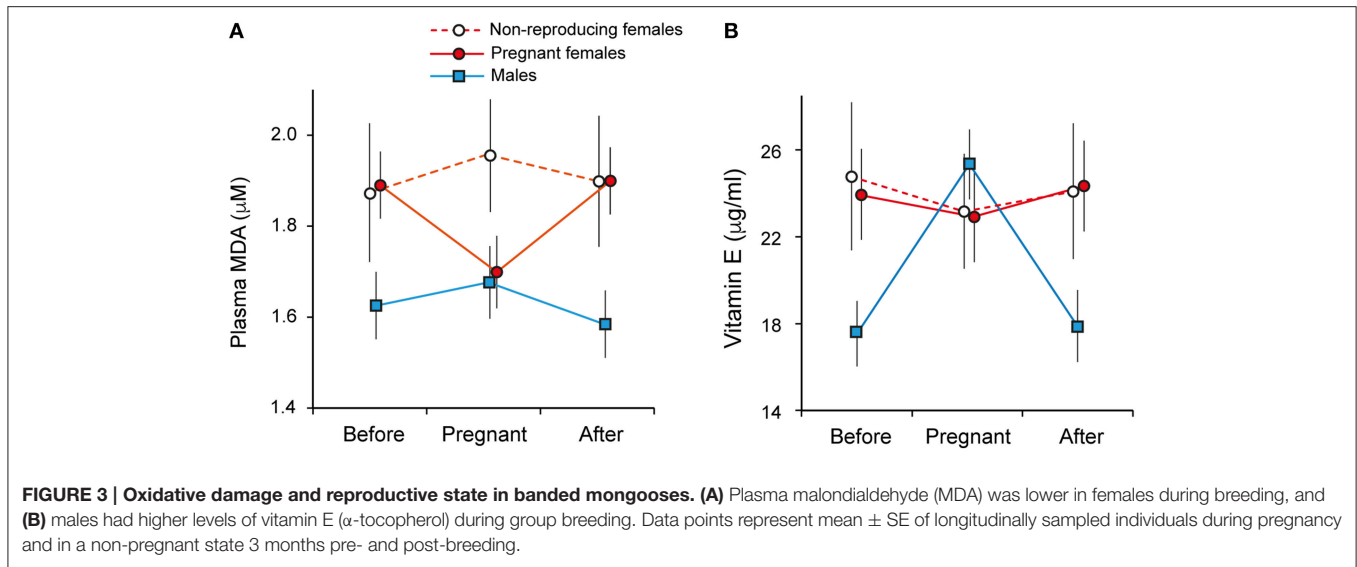
Females with higher plasma levels of MDA during pregnancy carried fewer fetuses, as measured by ultrasound at weeks 2–4 of gestation, and the decline in fetus number with increasing MDA was steeper in older females [Female age\*MDA:  $\chi^2_{(1)} = 7.71$ ,  $p = 0.006$ ;  $N = 58$ ; **Figure 4A**]. Similarly, higher plasma levels of MDA during pregnancy were associated with lower litter survival to emergence, controlling for initial litter size, at approximately 1 month of age [MDA:  $\chi^2_{(1)} = 3.96$ ,  $p = 0.047$ ; Fetal litter size:  $\chi^2_{(1)} = 0.016$ ,  $p = 0.89$ ; age:  $\chi^2_{(1)} = 2.015$ ,  $p = 0.156$ ;  $N = 58$ ; **Figure 4B**].

## DISCUSSION

Our results provide clear evidence of a link between oxidative damage and survival in a wild animal population, and support the idea that maternal oxidative damage has transgenerational impacts on the fitness of developing young. A striking result is that variation in plasma MDA predicted individual and sex differences in adult survival, and MDA levels during pregnancy were linked to offspring number and survival, whereas plasma protein carbonyls showed no such patterns. Many authors have pointed out that measurement of multiple markers of oxidative damage is necessary to advance understanding of the mechanisms underlying life history trade-offs, because some markers may be more informative than others, and the long-term consequences of different forms of oxidative damage may differ amongst tissues and across the course of life (e.g., Monaghan et al., 2009; Selman et al., 2012; Speakman et al., 2015). Our results highlight the importance of linking markers to fitness effects, and suggest that plasma MDA marks a form of oxidative damage that is associated with functional impairment and negative fitness



**FIGURE 2 | Sex differences and age-related changes in plasma malondialdehyde (MDA) and plasma vitamin E ( $\alpha$ -tocopherol) concentration in banded mongooses. (A)** MDA decreased with age of individuals and was consistently lower in male (blue) than in female (black) banded mongooses. **(B)** Vitamin E ( $\alpha$ -tocopherol) decreased with age in both sexes. Plots show LMM model predicted values  $\pm$  SE controlling for random effects of individual and group, and the raw data.

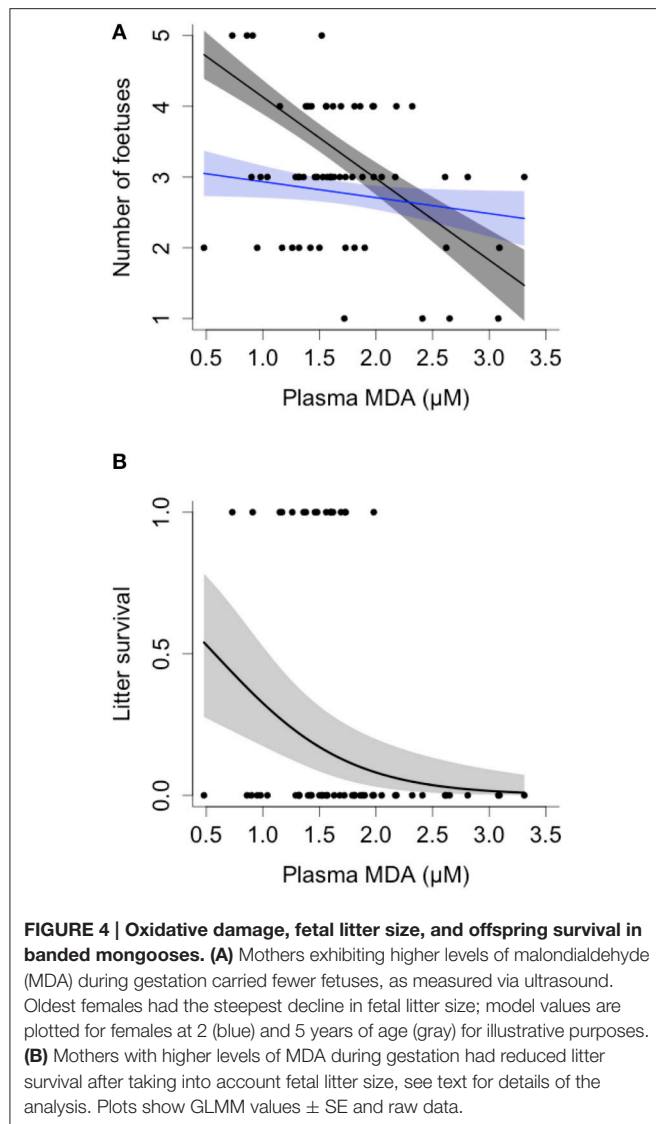


outcomes under natural conditions. Oxidative lipid damage is implicated in a variety of human pathologies such as cirrhosis (Moustafa et al., 2009) and chronic stroke (Bir et al., 2006), and increased levels of MDA have prognostic value in outcomes and survival from types of cancer (e.g., Salzman et al., 2009) and sepsis (Lorente et al., 2013). However, we are aware of only one other study to date that has linked variation in a marker of oxidative damage (plasma MDA) to a proxy for survival (recruitment probability) in a wild animal (Noguera et al., 2012). Apart from the results that we have presented, there are to our knowledge no other data comparing fitness correlates of two or more oxidative damage markers in a natural population. In order to understand the role of oxidative damage in life history evolution, there is a need for more studies which investigate links between individual damage markers and fitness outcomes (Selman et al., 2012; Speakman and Garratt, 2013; Blount et al., 2015; Speakman et al., 2015).

There is no consistent evidence that oxidative damage increases with age in birds or mammals in the wild (Selman et al., 2012), and our study supports this pattern for the banded mongoose. In our longitudinal dataset, the population-level decline in plasma MDA with age was attributable mostly to a within-individual decline, which suggests that within-individual processes rather than selective disappearance account for the change. A within-individual decline in oxidative damage with age could reflect declining metabolic rate (as in humans, Roberts and Rosenberg, 2006; primates, Roth et al., 2004; and laboratory rodents, Even et al., 2001, although we note that ROS production does not always correlate with metabolic rate; see Speakman et al., 2015), or, potentially, upregulation of endogenous antioxidant activity or increased exogenous antioxidant intake with age. However, vitamin E was also found to decrease with age. As higher levels of MDA were also associated with poorer survival, selective disappearance of individuals that are less able to clear damage could also explain why across the population there is no damage accumulation with age.

Our finding that mothers with high plasma levels of oxidative damage gestated fewer offspring is as expected if mothers adjust litter size according to the potential for transgenerational oxidative harm. As predicted by our model (Supplementary Material; Supplementary Figure S1), females with higher levels of oxidative damage during pregnancy produced fewer fetuses and had lower litter survival. The fetal litter size of older females declined more sharply with increasing MDA than that of younger females. This could reflect senescent decline in the efficiency of shielding mechanisms with advancing age. In our model, allowing both baseline mortality and the offspring sensitivity parameter  $d$  to increase with age results in an interaction similar to that seen in Figure 4A. The negative relationship we observed between a measure of “intrinsic” oxidative damage (plasma MDA) and fetal litter size parallels findings in other taxa that mothers exposed to extrinsic sources of damage (e.g., heavy metals) or other environmental stressors produce fewer offspring and have reduced reproductive success (Hendrickx et al., 2003; Räsänen et al., 2005). In both these cases, the potential for maternal damage to carry over to depress offspring survival shifts the optimal maternal reproductive strategy toward fewer, larger offspring, with lower total reproductive success overall (Hendrickx et al., 2003; Räsänen et al., 2005).

The negative relationship between oxidative damage and fetal litter size observed here appears to conflict with studies which have shown a positive relationship between offspring number and oxidative damage (reviewed in Blount et al., 2015). However, the majority of previous studies of oxidative damage and reproductive effort focus on postnatal investment: lactation in mammals, and provisioning in birds (Blount et al., 2015). The costs of gestating additional embryos are likely to be relatively small compared to costs of lactation or provisioning (e.g., Clutton-Brock et al., 1989; Speakman, 2008) and therefore the observed pattern is more likely to reflect quality differences and allocation decisions among females, rather than increase in reproductive effort *per se*. As banded mongooses are cooperative



breeders with communal lactation of pups, females can effectively uncouple investment pre- and post-birth in this species, which may also explain why there was no increase in oxidative damage during lactation (Supplementary Table S4). The negative association between plasma levels of MDA and fetal litter size seems likely to reflect quality differences between mothers, with those that had lower levels of oxidative damage being able to successfully gestate more offspring. Alternatively, it is possible that females carrying more fetuses were also able to, or chose to invest more in limiting oxidative damage or in protecting their offspring from damage transmission; conversely, females with high levels of damage may adjust litter size in order to save resources or to protect themselves.

We found no effects of female weight, parity, or rainfall (an index of food supply) on any of the markers of oxidative damage or antioxidant defense (Supplementary Table S4). However, plasma levels of MDA during pregnancy predicted offspring survival to emergence from the den, which strongly suggests

that maternal oxidative state has important consequences for reproductive success (**Figure 4B**); the effect was independent from the decline in fetus number with increasing damage. Increased levels of MDA are predictive of pregnancy outcomes in humans (Al-Gubory et al., 2010) and complications during pregnancy such as pre-eclampsia (Sharma et al., 2006) and intra-uterine growth restriction (Biri et al., 2007), and our study is consistent with the usefulness of MDA as a marker of survival and fecundity also in wild mammals.

We found no evidence that increased reproductive investment incurred future costs to females in terms of elevated levels of damage and therefore reduced survival. On the contrary, females with low levels of damage survived longer and also were more fecund, pointing to the importance of variation in quality among individuals. A positive relationship between reproduction and future survival is expected where females vary considerably in quality or access to resources, since high quality females may be able to divert more resources to offspring production without compromising their somatic function (the “big house big car” effect, Reznick et al., 2000).

At present it is unclear what mechanisms might be involved in reducing oxidative damage in breeding females. This is unlikely to be due to dietary changes during pregnancy, as females showed no consistent changes in plasma levels of  $\alpha$ -tocopherol (vitamin E) during pregnancy, as might be expected if pregnancy was associated with a change in dietary intake of lipophilic compounds such as vitamin E. However, plasma lipid levels become elevated during pregnancy in humans (Knopp et al., 2012) and pregnancy is associated with changes in the lipid composition of plasma (Otto et al., 2001), so a dilution effect or changes toward compounds more robust to oxidation are both potential mechanisms by which transferrable damage could be reduced in pregnant females.

Such reductions in oxidative damage could also arise as a consequence of mitochondrial uncoupling, reducing ROS production (Brand, 2000). However, uncoupling protein gene expression is downregulated or unchanged during lactation (Speakman, 2008), most likely because uncoupling would result in reduced efficiency of energy production at a time when energetic demands are likely to be particularly high (Blount et al., 2015). Rather, laboratory studies of mice, gerbils, and voles suggest that decreased oxidative damage is associated with increased antioxidant defenses (e.g., Garratt et al., 2011; Yang et al., 2013; Xu et al., 2014). In breeding females, antioxidants could be increased as a result of elevated oestradiol, which activates signaling cascades that increase the activity of antioxidant enzymes such as SOD (Viña et al., 2005; Baeza et al., 2010). Indeed, SOD and the non-enzymatic antioxidant glutathione (GSH, one of the most abundant thiols) have specifically been linked to reduced oxidative damage in breeding rodents (Garratt et al., 2011, 2013; Xu et al., 2014).

We found no significant associations between blood levels of the antioxidants SOD or  $\alpha$ -tocopherol (vitamin E) and oxidative damage. Cross-sectionally, SOD increased marginally during breeding, but within-individual analyses indicated a pattern only in non-reproductive females (Supplementary Figure S2). We might hypothesize that SOD activity is up-regulated during

the breeding season, but becomes depleted in reproductive individuals compared with those that do not reproduce. This serves to highlight that variation in antioxidant levels can be difficult to interpret (Monaghan et al., 2009; Selman et al., 2012), as lowered levels can result from downregulation or reduced dietary intake, as well as depletion caused by oxidative stress. In males only, we observed an increase in plasma levels of  $\alpha$ -tocopherol during group breeding, which may point to an increased importance of this antioxidant during reproduction. The mating season is typically associated with heightened testosterone levels in males, posing an additional oxidative challenge (e.g., Aydılek et al., 2004). Furthermore, sperm plasma membranes mainly consist of polyunsaturated fats which are highly susceptible to oxidative damage caused by ROS (Moustafa et al., 2004). Indeed, there is considerable evidence from laboratory studies of humans and animal models that  $\alpha$ -tocopherol has an important role in protecting sperm membrane phospholipids against peroxidation, and thereby helps maintain functional fertility (Agarwal et al., 2005; Almbro et al., 2011). Notably, the males were measured on average one month after the mating, which would be well past the point of greatest need for sperm protection from oxidative damage. We do not have measures from males during oestrus, but it is possible that the increase in plasma levels is only detectable after the greatest peak in oxidative challenge, possibly owing to a time-lag in its release from storage tissues. Data linking blood level dynamics of  $\alpha$ -tocopherol and fertility are currently lacking for wild animals. This would be a valuable direction for further study.

## CONCLUSION

Despite growing interest among evolutionary biologists in transgenerational effects (Uller, 2008; Badyaev and Uller, 2009; Jablonka and Raz, 2009; Day and Bonduriansky, 2011), only a few models have begun to consider the evolution of the effects themselves rather than focusing on their consequences, and these have largely treated such effects as adaptive mechanisms of information transfer (Shea et al., 2011; Uller and Pen, 2011; Leimar and McNamara, 2015) rather than as a consequence of damage accumulation and management. At the same time, models of oxidative stress and damage accumulation have focused on individual schedules of mortality and fecundity, and have largely ignored its potential transgenerational impacts (Munch and Mangel, 2006; McNamara et al., 2009). The trade-off between within-generational and trans-generational costs has thus yet to be incorporated into life history theory.

Where developing offspring are sensitive to maternal oxidative state, an important component of the cost of reproduction for females may be a requirement to invest in oxidative shielding of offspring, not only oxidative self-defense (Blount et al., 2015). To conclusively test this

hypothesis will require an experimental approach to manipulate reproductive effort or oxidative damage, neither of which is possible in our long-term study of a natural population of banded mongooses. Nevertheless, our longitudinal data strongly suggest the existence of trans-generational costs of maternal oxidative damage. Across species, the further development of formal models would help to predict more generally how transgenerational costs of reproduction and strategies to mitigate this damage are likely to coevolve with other life history traits. For example, taxa in which parental investment is relatively small or short in duration may be less likely candidates to invest in oxidative damage reduction during reproduction. A transgenerational approach to the costs of reproduction may advance our understanding of the mechanisms and evolution of life history variation within and across species.

## AUTHOR CONTRIBUTIONS

MC, JB, and EV designed research; EV, JB, JS, HM, JG, and SH collected data; EV and FT analyzed data; JS and HN carried out genetic analyses; JB and CM conducted oxidative stress assays and analyses; MC and RJ wrote the theoretical model; EV, MC, and JB drafted the paper with input from the other authors.

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## SUPPLEMENTARY MATERIAL

The Supplementary Material for this article can be found online at: <http://journal.frontiersin.org/article/10.3389/fevo.2016.00058>



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**Conflict of Interest Statement:** The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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